

## SUGGESTED USE

As a dietary supplement, take 3-6 capsules daily or as directed by a health professional.

Some research indicates that Calcium Bis-Glycinate is the most absorbable form of Calcium. Tests show that this form of Calcium is 205 times more soluble than Calcium Citrate. In human studies, Calcium Bis-Glycinate was shown to be 1.8 times (180%) more absorbable than Calcium Citrate and 21% better than Calcium Citrate Malate.\*\*

\***Digeseb®Plus** is a proprietary blend of acid stable plant based enzymes supplying (Amylase, Protease I, Protease II, Lipase and Cellulase) for enhanced bioavailability.

**Digeseb®Plus** is a registered trademark of Specialty Enzymes & Biochemicals.

Manufactured in U.S.A. for: Pure Vegan  
Phoenix, AZ 85040 • 1-800-798-0707

Keep Out Of Reach Of Children • Store In A Cool Dry Place

PURE VEGAN



# Cal/Mag



*Calcium Bis-Glycinate  
Magnesium Aspartate*

A DIETARY SUPPLEMENT

• 180 VEGETARIAN CAPSULES •

## Supplement Facts

Serving Size: 6 Capsules  
Servings Per Container: 30

Amount Per Serving		%DV
Calcium (as Calcium Bis-Glycinate)	1000 mg	100%
equivalent to 1820 mg of elemental calcium citrate		
Magnesium (as Magnesium Aspartate)	500 mg	125%
Vitamin D (as Ergocalciferol)	200 IU	50%

†Daily Value Not Established

**Other Ingredients:** Digeseb®Plus Delivery System\* and vegetable capsule.

*Does not contain any dairy, egg, sugar, corn, yeast, wheat, soy, gluten, artificial colors, flavors or preservatives.*

**\*\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**